

Bathurst Superior Cafeterias Inc.

Menu for BHS 2021 / 2022

| 2021 / 2022 SMS Daily Special \$6.50 | Monday | Tuesday | Wednesday | Thursday | Friday |
|---|--|--|---|--|---|
| Week 1 Sept 13-17 Oct 11-15 Nov 8-12 Dec 6-10 Jan 17-21 Feb 14-18 Mar 21-25 Apr 18-22 May 16-20 June 13-17 | Chicken Noodle Soup Grilled cheese Fresh fruit Milk | BBQ Pulled pork burger pan fries carrot / celery fresh fruit Milk | Chicken Quesadilla mexican rice Fresh fruit Milk | Sweet n' sour meatballs rice vegetable fresh fruit Milk | Sloppy Joe pan fries vegetables fresh fruit Milk |
| Week 2 Sept 20-24 Oct 18-22 Nov 15-19 Dec 13-17 Jan 24-28 Feb 21-25 Mar 28 - Apr 1 Apr 25-29 May 23-27 June 20-24 | Mac n' hamburg veggie sticks Garlic bread fresh fruit Milk | Pancakes sausage pan fries fruit Milk | Ham n' cheese melt pan fries fresh fruit Milk | Chicken leg pan fries corn fresh fruit Milk | Spaghetti with meat sauce Garlic bread fresh fruit Milk |
| Week 3 Sep 27-Oct 1 Oct 25-29 Nov 22-26 Dec 20-24 Jan 31-Feb 4 Feb 28- Mar 4 Apr 4-8 May 2-6 May 30- June 3 | Chicken Noodle Soup Grilled cheese Fresh fruit Milk | BBQ Pulled pork burger pan fries carrot / celery fresh fruit Milk | Chicken Quesadilla mexican rice Fresh fruit Milk | Sweet n' sour meatballs rice vegetable fresh fruit Milk | Sloppy Joe pan fries vegetables fresh fruit Milk |
| Week 4 Oct 4-8 Nov 1-5 Nov 29- Dec 3 Jan 10-14 Feb 7-11 Mar 14-18 Apr 11-15 May 9-13 June 6-10 | Mac n' hamburg veggie sticks Garlic bread fresh fruit Milk | Pancakes sausage pan fries fruit Milk | Ham n' cheese melt pan fries fresh fruit Milk | Chicken leg pan fries corn fresh fruit Milk | Spaghetti with meat sauce Garlic bread fresh fruit Milk |

| Grab n' go | Monday | Tuesday | Wednesday | Thursday | Friday |
|-----------------------|--------------|-----------|-----------------|--------------|-----------|
| Pizza slice \$3.75 | Three Cheese | Pepperoni | Bacon Db Cheese | Three Cheese | Pepperoni |
| Personal Pizza \$6.00 | | | | | |

Daily a-la - carte choices

| | | |
|--|----------------------|-----------------|
| Small pan fries \$3.00 | Hamburger / cheese | \$4.00 / \$4.50 |
| | Garlic fingers slice | \$3.50 |
| | 7"round | \$5.50 |
| *Add pan fries to any a-la-carte item \$2.50 | Chicken burger | \$4.00 |
| | Soft taco | \$2.75 |
| | Breakfast sand. | \$3.50 |
| | Chicken wrap | \$4.25 |

Served Daily

| | |
|------------------------|--------|
| Milk white / chocolate | \$0.60 |
| Bottled water | \$1.50 |
| Apple juice | \$1.25 |
| Whole fruit | \$1.00 |
| Veggies with dip (5oz) | \$1.50 |
| Cheese n' crackers | \$1.75 |
| Sandwich | \$3.75 |
| | |
| | |

Homemade baked goods

| | |
|-----------------------|--------|
| Muffin | \$1.00 |
| Banana bread | \$1.25 |
| Rice Crispie Square | \$1.25 |
| Chocolate chip cookie | \$1.00 |
| Ham n' cheese biscuit | \$1.50 |