**Team Building Assignment**

Wilderness adventures with groups of people require that you trust and work well with others. These trips require leadership, cooperation and teamwork. Often times your level of fulfillment from an adventure is a direct result of the camaraderie that is developed.

**Leadership** - Influencing a group of people to move towards its goal setting or goal achievement.

**Cooperation** - is the process of working or acting together.

**Teamwork** - of people working together cooperatively as a team in order to accomplish the same goals / objectives.

Tips for delivering cooperative games and leadership activities:

1. **Be prepared**.
   1. Use and outline of the activity. Read it; rewrite it in your own words. Do not just copy it from the internet and try to wing it in front of the group.
   2. Gather all material and gear before your presentation.
   3. Practice with your partners, make sure everything works and instructions are clear.
2. **Interact with the Group**
   1. Make eye contact
   2. Have the group stop talking before you address them. Wait
   3. Join in the activity, do not stand and watch.
   4. Help people who seem to not be involved.

Leadership and cooperative games

Student Assignment

Names: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

In groups of two plan a cooperative activity or challenge for our class. Your group will:

1. Research and find three websites that offer cooperative games and leadership activities.
2. Plan to present three activities to the class. Each group will be responsible for about 30minutes of activity.
3. Pass in;
   1. Professional Title page /1
   2. Outline of activities /15
   3. List of 3 web sites /2
   4. Presentation and involvement of group /10
   5. Teaching points /2

Comments\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Total: /30

**Game Plan**

Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Name of the Activity:

Equipment Required:

Space Required:

Description/Rules:

Key Teaching points:

**Game Plan**

Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Name of the Activity:

Equipment Required:

Space Required:

Description/Rules:

Key Teaching points:

**Game Plan**

Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Name of the Activity:

Equipment Required:

Space Required:

Description/Rules:

Key Teaching points: